Foods & Nutrition I – Course Outline – Fall 2015

**Miss Schneck**

## Exploring Food Choices Chapter 1

## Kitchen Principles Chapter 7

## Buying for the Kitchen Chapter 14

## Recipe Skills Chapter 8

## Quick Breads Chapter 21.2

## Microwave Techniques Chapter 9.3

## Meats Chapter 19

## Fruits and Vegetables Chapter 16

## Grains Chapter 17

## Dairy Chapter 18.1 & 18.2

## Cookies Chapter 21.4

### Teacher: Ms. Schneck

Textbook: Food for Today

Materials Needed: \*Colored Folder, (Suggested)

\*Colored ink pens or fine line markers (Suggested)

\*Highlighters



